

# OPEN MEDIA HUB

Supporting media professionals across the EU Neighbourhood area

<b>STORY NAME:</b>	Being 20: Fighting for a better life		
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<b>EDITOR'S NOTES:</b>	N/A		
<b>SOURCE:</b>	<p>Khatia Nikabadze / Sapari</p> <p><a href="https://sapari.ge/%E1%83%9D%E1%83%9A%E1%83%A6%E1%83%90-%E1%83%99%E1%83%90%E1%83%9A%E1%83%98%E1%83%9C%E1%83%90-%E1%83%A1%E1%83%90%E1%83%A5%E1%83%90%E1%83%A0%E1%83%97%E1%83%95%E1%83%94%E1%83%9A%E1%83%9D%E1%83%A8%E1%83%98/?fbclid=IwAR3H8esuN1S_v2CwTsbHSLK_EFI3HFuaHwgqtC5FNcbU7k-IREpPTAleJLc">https://sapari.ge/%E1%83%9D%E1%83%9A%E1%83%A6%E1%83%90-%E1%83%99%E1%83%90%E1%83%9A%E1%83%98%E1%83%9C%E1%83%90-%E1%83%A1%E1%83%90%E1%83%A5%E1%83%90%E1%83%A0%E1%83%97%E1%83%95%E1%83%94%E1%83%9A%E1%83%9D%E1%83%A8%E1%83%98/?fbclid=IwAR3H8esuN1S_v2CwTsbHSLK_EFI3HFuaHwgqtC5FNcbU7k-IREpPTAleJLc</a></p> <p><b>Open Media Hub – <a href="http://www.openmediahub.com">http://www.openmediahub.com</a></b>  <i>"This production was supported by OPEN Media Hub with funds provided by the European Union"</i></p>		
<b>LANGUAGE:</b>	Georgian	<b>DURATION:</b>	01:55
<b>JOURNALIST:</b>	Khatia Nikabadze	<b>EMAIL:</b>	nikabadzekhat@gmail.com
<b>SLUGLINE:</b>	Being 20, Georgia, mentally, disabled, activist		
<b>HEADLINE:</b>	Olga, a young woman diagnosed with paranoid schizophrenia, managed to overcome the illness and supports people like her in fighting for their rights. Today she is working in three different organizations fighting to make life better for mentally disabled people in Georgia.		
<b>DATELINE:</b>	Tbilisi, Georgia - July 2020		
<b>SCRIPT:</b>	<p>1 00:00:00,020 --&gt; 00:00:07,010 Sometimes we have to live with our disabilities.</p> <p>2 00:00:07,110 --&gt; 00:00:10,000 But if I can function normally and am feeling OK</p> <p>3</p>		

00:00:10,000 --> 00:00:19,000

Maybe it's better if I live with this disability, rather than become a zombie in a closed institution.

4

00:00:24,100 --> 00:00:33,090

I'm Olga Kalina and I have paranoid schizophrenia. I'm also a member of three NGO's and a chair of one of them.

5

00:00:34,010 --> 00:00:40,210

This is European Network of (ex)users and survivors of psychiatry that consists of 32 organizations in Europe.

6

00:00:41,080 --> 00:00:48,010

Psychiatry is a complicated topic here and we never see reforms that we want to see.

7

00:00:48,020 --> 00:00:52,020

For example deinstitutionalisation and improvement of the social services.

8

00:00:52,020 --> 00:00:58,170

The conditions are often quite bad and the use of involuntary treatment is often a problem.

9

00:00:59,000 --> 00:01:03,000

As a result people lose their abilities and are isolated from society.

10

00:01:03,000 --> 00:01:11,000

They get no real treatment and are not able to be part of the society any more - that should be the real goal of psychiatry.

11

00:01:15,000 --> 00:01:25,000

The fears and anxiety they were feeling before coronavirus are now common for other people too during pandemics.

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	<p>12 00:01:25,010 --&gt; 00:01:34,080 Because of this they don't feel themselves as alone as they were feeling before.</p> <p>13 00:01:36,010 --&gt; 00:01:42,000 They are now trying to share their experience how to deal with fears and paranoid thoughts.</p> <p>14 00:01:42,000 --&gt; 00:01:48,000 Doing this they are trying to help others.</p>
<b>SHOTLIST:</b>	<p>Olga talking in the parliament of Georgia. An empty street with one man walking. Olga talking in the parliament of Georgia. A night view of Tbilisi. A curtain moving on the window. Olga Kalina talking in a park. Olga Kalina on TV. Shots of Tbilisi. Olga Kalina talking in a park. Views of empty streets from the window. Olga Kalina talking in a park. The trees moving in wind.</p>
<b>SCRIPT:</b> (Original language)	
<b>CAMERA OPERATOR:</b>	Khatia Nikabadze
<b>VIDEO EDITOR:</b>	Mariam Chanturia
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